



Thank you for interest in volunteering for Mary Bridge Children's Courage. We are excited to have you! **Please note that all positions are on Saturday, August 25<sup>th</sup> and/or Sunday, August 26<sup>th</sup>.** We will have three locations for volunteers – Centralia, Eatonville, and Pack Forest. When signing up, please note the location you are signing up for! If volunteering in multiple locations, you will be responsible for your own transportation.

If you have any questions, please email our Event Coordinator, Hillary, at [hpowell@multicare.org](mailto:hpowell@multicare.org).

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**Bag/Bike Check:** Volunteers will be taking participants bags and securing them while participants are on course. After participants complete their event, volunteers will return bags to participants. *Ability to lift 25 lbs or more may be needed.*

**Hospitality:** Volunteers will ensure that food and drinks are stocked for start/finish areas. **This position is great for groups!**

**Medical Support:** Thank you for being interested in becoming a medical volunteer with the COURAGE RIDE. To qualify, you must have a valid state license for one of the following specialties:

Medical Doctor – MD

Physician Assistant – P.A.-C

Nurse Practitioner- N.P. (Family or Adult)

Register Nurse – R.N.

Emergency Medical Technician- EMT-B or EMT- P

Paramedic

Outdoor Emergency Care

Wilderness First Responder

If you do not have a current license listed above and are interested in being a medical volunteer, please contact Hillary Powell, [events@multicare.org](mailto:events@multicare.org). We will consider other licenses on a case by case basis.

**Registration Check- In:** Volunteers will staff the packet pick up area handing out bibs and packets to all participants. This is a highly detailed job that requires a good eye for detail and problem solving skills. Good customer service skills a must.

**Rider Check-In & Room Assignments:** Check-in riders as they arrive at Pack Forest and hand out room assignments

**Venue Support:** Assist with the venue signage, assembling/disassembling START truss, sound system and infrastructure for a successful start. *Position requires you to be on your feet and lifting over 20 lbs.*