



Thank you for interest in volunteering for Mary Bridge Children's Courage. We are excited to have you! **Please note that all positions are on Saturday, August 26th and/or Sunday, August 27th.** We will have three locations for volunteers – Centralia, Eatonville, and Pack Forest. When signing up, please note the location you are signing up for! If volunteering in multiple locations, you will be responsible for your own transportation.

If you have any questions, please email our Event Coordinator, Hillary, at events@multicare.org.

Bag Check: Volunteers will be taking participants bags and securing them while participants are on course. After participants complete their event, volunteers will return bags to participants. *Ability to lift 25 lbs or more may be needed.*

Bike Corral Attendant: Volunteers will check-in and store bikes while participants enjoy post-event party. Volunteers will coordinate the check-out process to return bikes to their owners.

Hydration Team/Food Tent: Volunteers will ensure that all water coolers are filled with bottled water and iced down near start/finish. Volunteers will also be asked to hand out bottled water to participants as they cross the finish line. Volunteers will assist in setting up the eating area, slicing, serving and any additional help to participants, staff and volunteers during the event. **This position is great for groups!**

Medical Staff: Thank you for being interested in becoming a medical volunteer with the COURAGE RIDE. To qualify, you must have a valid state license for one of the following specialties:

Medical Doctor – MD

Physician Assistant – P.A.-C

Nurse Practitioner- N.P. (Family or Adult)

Register Nurse – R.N.

Emergency Medical Technician- EMT-B or EMT- P

Paramedic

Outdoor Emergency Care

Wilderness First Responder

If you do not have a current license listed above and are interested in being a medical volunteer, please contact Hillary Powell, events@multicare.org. We will consider other licenses on a case by case basis.

Store Assistants: Volunteers will assist with set-up of the Courage merchandise booth. Volunteers will be given a short training on the different types of products offered and will be asked to assist in merchandise sales.

Parking Attendant: Volunteers will direct participants and volunteers to the designated parking.

Registration Check- In: Volunteers will staff the packet pick up area handing out bibs and packets to all participants. This is a highly detailed job that requires a good eye for detail and problem solving skills. Good customer service skills a must.

Rider Check-In & Room Assignments: Check-in riders as they arrive at Pack Forest and hand out room assignments

Servers: Always wanted to be a bartender? Here is your chance! Serve our riders at the post-event party. *Must be 21 years old.*

Shuttle, Parking, & Bike Attendant: Shuttle and Bike truck pick up and drop off, answer questions on parking and getting to Pack Forest

Venue Support and/or Clean Up: Assist with the venue signage, assembling/disassembling START truss, sound system and infrastructure for a successful start. *Position requires you to be on your feet and lifting over 20 lbs.*

Volunteer Check-In: Volunteers will check in new volunteers and then direct them to their assigned area. Check-in volunteers will also fill in for volunteers who may need food or restroom breaks. Check-in volunteers may also be asked to relieve a volunteer if their shift is over and a replacement has not yet arrived

Where the Need is Greatest: Like being surprised and doing a bit of everything? This is a perfect job for you!